

*"A Mighty Fortress is Our God"*

INTRODUCTION

1. THE PRESENCE OF GOD DURING TROUBLE (Ps 46:1-3)
2. THE PRESENCE OF GOD IS PROTECTION (Ps 46:4-7)
3. THE PRESENCE OF GOD SEEN IN HIS WORKS (Ps 46:8-11)

## For personal reflection and use in small groups.

1. Google “A Mighty Fortress” by Martin Luther. Sing it. Meditate on its words. Read again Psalm 46. Write down what the Holy Spirit impresses on your heart.
2. First, look at verses 1,7, and 11. Notice how they “arrange” the poem. Write down the main point of each section. What does it say to you?
3. Look at 46:2-3. How does this describe how we feel sometimes when we are facing the threat of trouble? What emotions does it elicit?
4. Notice in verse 4 the contrast between the river watering the city of God and the water of the sea in verse 3. What do you think is the poet’s point in using this contrast?
5. Notice the contrast between the unmovable city of God in verse 5 and the mountains, usually unmovable, in verse 2. Again, what is the poet telling us?
6. ***Psalms 46:5 God will help her when morning dawns.*** You being a citizen of God’s great city, think through the promise offered here. Imagine it’s dark. Remember those sleepless nights over worry or concern? What’s the promise God is making to us here?
7. The Psalm refers to God as “Lord of Hosts,” it’s the Hebrew word SABAOTH . . . Lord Sabaoth, Lord of the angel armies. What does this communicate to your heart about the God who is an ever-present help in trouble?
8. Be still and know that I am God. If this is NOT a passive thing but an active thing, what do you think it means?